

## INTERFAITH CALENDAR

- September 14 Elevation of the Life Giving Cross - Holy Cross Day - Christian - A Christian Day of recognition for the Cross on which Jesus was crucified as a central symbol of the Christian religion.
- September 22 Equinox:  
 Mabon - Wicca / Pagan - Wicca observance of the autumnal equinox when day and night are of equal length in the Northern hemisphere. A harvest festival time.  
 Ostara - Wicca / Pagan - Wicca welcoming of spring and the goddess-as-maiden in the Southern hemisphere.
- September 24 - 25 Rosh Hashanah - Jewish - Jewish New Year. A time of introspection, abstinence, prayer and patience. The story of Abraham is read, the ram's horn is sounded, and special foods are prepared and shared.
- September 29 - Oct. 3 Navaratri - Hindu - Hindu festival of the divine mother honouring Durga, wife of Shiva, and seeking her blessings. Also observed as a celebration recalling the days of Lord Krishna.

## RETIREMENTS / NEW HIRES

### RETIREMENTS:

Donna Hicks  
 Customer Service Clerk &  
 Clerk Typist II,  
 Resident Food Services &  
 Finance



### NEW HIRES:

Rachelle Keating  
 Aide / Porter,  
 Urgent Care

Dawn Huck  
 Fund Development Officer,  
 Foundation

Finley Beaton  
 Biomedical Engineering  
 Technologist 1,  
 Plant Services

Rowelie Cantalejo  
 Staffing Clerk,  
 Human Resources

Bisirat Mebrahtu  
 HCA, MP2  
 Lenard Mancs  
 Grad RN,  
 PACU/DS/POAC



Roxanne Hudson  
 Staffing Clerk,  
 Human Resources

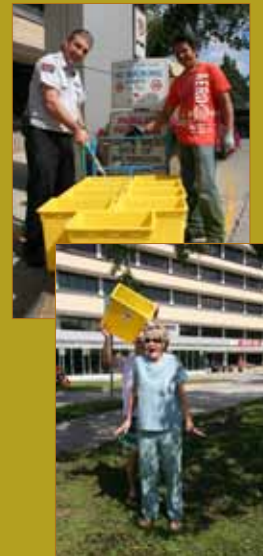
## ALS ICE BUCKET CHALLENGE AT MHC!

On Thursday, August 28, MHC's Eye Bank and staff from various departments nominated for the ALS Ice Bucket Challenge gathered in front of MHC's Urgent Care centre and took the plunge together!

What is the ALS Ice Bucket Challenge? An event where a bucket of ice water is dumped on someone's head to promote the awareness of the disease amyotrophic lateral sclerosis (ALS), and encourage donations for research. The challenge was a viral event during the 2014 summer - videos and photos streamed across the world via social media platforms such as Facebook and Instagram.

The challenge can teach us a lot about engagement - the MHC Foundation is always looking for ideas to raise awareness (and money) for Misericordia, if you have creative ideas please email them to [mhcfoundation@misericordia.mb.ca](mailto:mhcfoundation@misericordia.mb.ca).

For more information about ALS and the challenge visit: <http://www.alsa.org/fight-als/ice-bucket-challenge.html>





**MISERICORDIA**  
Health Centre  
*The future of care*

SEPTEMBER / OCTOBER 2014

# Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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## PRESIDENT'S MESSAGE: CHARITIES CAMPAIGN



I know from Patti Smith, our Foundation Executive Director, that through payroll deductions and one-time gifts alone our staff consistently contributes more than \$30,000 each year to the Foundation through our Charities campaign. Thank you to all of you who consistently give every year.

This year Misericordia is hoping to engage even more of you: any size of donation WILL make a difference. There are things that we need here at MHC that are simply not possible

without your generosity.

This year with monies raised we will be purchasing a new beside table and chair for each resident living in interim care. It costs approximately \$1,000 per resident to make this happen. We will begin replacing the existing furniture as the funds are received.

### PHOTO CONTEST: REMINDER

A reminder of our photo

contest seeking art for our new Maryland building! We've **extended** the deadline to **Friday, October 3, 2014**. Here's your chance to win bragging rights and recognition within the new Maryland building; we'll provide the frames if you provide the photos!

**THEME:** photos must reflect prairie life, in keeping with the prairie theme in our new building.

### ELECTRONIC or PRINTS?

We'll take either, but would prefer high resolution electronic files.

**COLOUR or BLACK & WHITE? Either!**

**WHO CAN ENTER:** MHC staff, volunteers or physicians

**HOW TO ENTER:** Please email [info@misericordia.mb.ca](mailto:info@misericordia.mb.ca) your files, or hand in memory sticks or prints to Megan Falk, corporate assistant, in corporate office, 6th floor Wolseley building.

Happy September!

I can't believe summer is almost over. Technically, fall doesn't begin until September 22<sup>nd</sup> but the weather sure feels like fall!

I know work doesn't necessarily slow down in the summer months, but hopefully everyone had a chance to enjoy some holiday time.

With autumn leaves comes our annual Charities Campaign - supporting both our Misericordia Foundation and the United Way.

2014 MHC CHARITY CAMPAIGN						
September 2014						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	15	16 Kick Off BBQ	17 Pledge Forms distributed with Pay Stubs	18	19	20
21	22	23 Information Table 50/50, Casual Days & Pledge Forms	24 Casual Day	25	26	27
October 2014						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 Information Table 50/50, Casual Days & Pledge Forms	1 Casual Day	2	3	4
5	6	7 Information Table 50/50, Casual Days & Pledge Forms	8 Casual Day	9 Pie/Tart/Muffin Sale and Contest	10 Last day to pre-order cookie grams!!!	11
12	13 Happy Thanksgiving	14	15 Casual Day	16 Deliver Cookie Grams	17 Last day to drop off Basket Draw baskets	18
19	20 Basket Raffle in Auditorium	21 Basket Raffle in Auditorium	22 Basket Raffle in Auditorium Casual Day	23 Basket Raffle in Auditorium	24 Basket Draw 50/50 Draw Pledge Draw	25
26	27	28	29 Casual Day	30		



# NEW FUNDRAISING RECORD ACHIEVED AT OUR 25TH GOLF CLASSIC!

by Katie Hartle, Freelancer, MHC Foundation

On a sunny July 16, at Pine Ridge Golf Club, we celebrated our 25th annual Golf Classic – for the first time raising over \$100,000 net revenue!

We couldn't have done this alone - thank you to all the staff and volunteers from MHC who came out to participate, help, and support this momentous event, and of course thank you to the sponsors from our community who played a big role in helping us to break a new fundraising record.

We are proud to acknowledge our Presenting Sponsor, Canadian Tire.

Thank you as well to Paul's Hauling, Cart Sponsor;

Homestead Manitoba, Dinner Sponsor; Fitness Experience/Beachcomber Hot Tubs, Ace Sponsor; Lexmark and Waterite, Eagle Sponsors; as well as our many generous Birdie and Hole Sponsors.

Thank you also to Rinella, Print Sponsor and Aramark, Lunch Sponsor, and to Joe Aiello from 102.3 Clear FM for being our emcee!



## DID YOU KNOW?

### ICE CREAM TREAT WEDNESDAYS

Another successful event! With your help, the Charities Committee raised \$1,115 from your ice cream treat purchases and donations!

Congratulations to David Jung, electronic technologist supervisor, who won the Cuisinart ice cream maker!



### MHC IS NOW ON INSTAGRAM!

Share your love for MHC in photos and follow @MisericordiaMB on Instagram!



Use hashtags #MHC, #MHCfamily, or #CaringRespectTrust, to share photos while you're

on-site!

### 48TH ANNUAL MISERICORDIA EMPLOYEES' GOLF TOURNAMENT

Join your Misericordia family on Thursday, September 18, for the 48th Annual Misericordia Employees' Golf Tournament at John Blumberg Golf Course.



### STAFF APPRECIATION BARBECUE

Join MHC's Board and Senior Leadership Team in the Sherbrook parking lot courtyard, for the annual Staff Appreciation Barbecue on Thursday, September 25!



### HEALTH & WELLNESS SYMPOSIUM

October 16 - Health and Wellness Symposium. This event will be hosted by Erika Hunzinger, an Occupational Therapy Masters program graduate and certified yoga instructor, from 9 a.m. - 4 p.m. at Brodie Centre, 727 Bannatyne Avenue, proceeds from the event will support PRIME.



Cost: Suggested \$2 donation to MHC Foundation at the door.

### BEHIND CLOSED DOORS

November 15 - Behind Closed Doors at St Vital Centre

Cost: \$5 admission. Tickets

will soon be on sale at the Foundation office.

### St. Vital Centre's BEHIND CLOSED DOORS SALE

### COMMUNITY PANCAKE BREAKFAST

Save-the-date! On Saturday, November 29 our MHC Foundation will be partnering to host an Angel Squad kick-off pancake breakfast with... United Firefighters of Winnipeg!

Watch M-NET and Life@MIZ for exciting details!



## INTRODUCING...

**D**awn Huck, Fund Development Officer, for MHC's Foundation office!

A TriFactor triathlon athlete and an avid golfer, Dawn brings with her a wealth of experience from various facets of her working career and travels throughout Canada, the United States and France.

With the combination of a Bachelor of Fine Arts from the University of Manitoba, and a Bachelor of Design from Emily Carr University in Vancouver, BC, Dawn followed her heart further and travelled to advance her education while gaining life experiences.

Ever wonder what it would be like to live in Los Angeles, CA, or New York City, NY? Ask Dawn about her internship experiences! Or, how about the food in France? Yes, she lived there, too!

In 2001, Dawn moved back to Winnipeg where she worked as the Design and Marketing Coordinator for her family-run publishing house, Heartland Books, until 2010.

Before moving to Misericordia, Dawn was Director of Development at the Canadian Mental Health Association, since 2011.

When Dawn isn't golfing or participating in a triathlon - five already this year! - she's enjoying the outdoors year-round or skate-skiing!

Stop by the Foundation office to say "Hello!" and welcome Dawn into the Misericordia family.



## KALE LUTOMSKY, VOLUNTEER EXTRAORDINAIRE

**T**wenty-three-year-old Kale Lutomsky, University of Manitoba (UofM) graduate and MHC volunteer extraordinaire!

Kale's health-care journey began after a visit with a UofM career mentor. After discussing his interests, skills and knowledge there was no question his future would include a career in physiotherapy / occupational therapy.

In September of 2013, Kale became an MHC volunteer where he was posted in our Physiotherapy department.

When asked what spiked his interest in rehabilitation, Kale mentioned he had experienced a couple family incidents: "I wanted the knowledge to understand how to repair the human body. At first I thought I wanted to understand the way the human mind worked." Kale graduated with a Bachelor of Arts, majoring in Psychology with a minor in Sociology.

Kale officially started his Masters of Occupational Therapy on August 25, 2014. There is no doubt he will excel in the two-year extensive program: his energy, spirit and true passion to help others is sure to shine!

He said his time as a volunteer at MHC was invaluable. He gained experience and knowledge from our staff which will help him excel in his education.

Good luck, Kale!



## MISSION MOMENT

Submitted by Christine Forsman, Manager, Patient Registration

**O**n Friday, August 29, a gentleman was dropped off by Vital Transit. This gentleman presented to Patient Registration, very confused as to why he was here.

After some questions it was determined he was to be at the PRIME Program at Deer Lodge Centre (DLC). Phone calls to DLC confirmed that he was in fact to be at DLC. Security became involved because of the confused state of the gentleman and it was decided we would send him by cab to

DLC. Switchboard had checked the gentleman's ID and found his home number and called his wife to let her know of the situation. Although DLC stated they would look out for him arriving by cab there was still a concern of him being dropped off at the door and unable to find his way. Tyler (security) decided the only way to ensure this gentleman made it to DLC PRIME safely was to drive him over himself. Thanks, Tyler!

## MHC PARKADE NEARING COMPLETION!

**A**fter what felt like a long wait, on Monday, September 8, levels 3A and 3B in MHC's parkade re-opened!

Construction is now in its final stages; progress can be seen on the parkade's elevator expansion, and both the exit and entrance ramps while construction workers put the final touches on our newest level.

Questions? Contact Debbie Frankel at ext. 8292 or email [dfrankel@misericordia.mb.ca](mailto:dfrankel@misericordia.mb.ca).