



MISERICORDIA
Health Centre
The future of care

AUGUST 2014

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: PHOTO CONTEST



That gave me an idea: why not give our staff, volunteers and physicians a chance to showcase their own photos?

We need art for our new Maryland building.

We provide the frames, you provide the photos!

THEME: photos must reflect prairie life, in keeping with the prairie theme in our new building. We know this is vague, to give you lots of options!

ELECTRONIC or PRINTS? We'll take either, but would prefer high resolution electronic files.

COLOUR or BLACK & WHITE? Either!

WHO CAN ENTER: MHC staff, volunteers or physicians

HOW TO ENTER: Please email info@misericia.mb.ca your files, or hand in memory sticks or prints to Megan Falk, corporate assistant, in corporate office, 6th floor Wolseley building

DUE: last day to hand in submissions is Friday September 12, 2014

WINNERS: Winners will be announced in October's Life@Miz newsletter. Prizes include bragging rights and recognition in the new building.



We often get creative photos emailed into us from staff through MHC's general information email account. I've also recently admired some amazing pictures that staff has taken of wildlife.

MHC FOUNDATION 25TH GOLF CLASSIC

by Katie Hartle, Freelancer, MHC Foundation



On a sunny July 16, 160 golfers and volunteers participated in the 25th annual MHC Foundation Golf Classic at Pine Ridge Golf Club. The tournament, presented by Canadian Tire, raised more than \$100,000 net revenue! We are so grateful to everyone who made this day so successful.

We were pleased to host our Golf Classic sponsorship reception on July 15 at the Great-West Life Rooftop Garden & Solarium. The evening was beautiful and guests were amazed by the view. Special thanks to Homestead Manitoba, who prepared and served the delicious appetizers and Waterite for donating the wine.



In addition to our many hole and birdie sponsors, gifts were presented to the following sponsors: Canadian Tire, Paul's Hauling, Homestead Manitoba, Beachcomber Hot Tubs, Waterite and Lexmark. We are also pleased to announce that Canadian Tire has agreed to be Presenting Sponsor for our 2015 Golf Classic!



“VOLUNTEER” RUSTY!

By Teresa Peterson, Occupational Therapist

Have you seen this sign?



For the past six months there has been a new member of the Misericordia family. His name is Rusty. He has been assisting clients at Easy Street to make significant gains in their recovery after sustaining a life-altering injury or illness.

You may ask yourself, “How does a dog do that?” If you had the pleasure of meeting Rusty you would know instantly the magical effect he has on people. Imagine some of the feelings that might arise if your life was turned upside down by a stroke or traumatic brain injury: depression, anxiety, fear, anger, frustration, confusion about “who I am now?” to name just a few. Dogs can do what people often can’t – they sit and listen without judgment or advice, they provide unconditional acceptance and a calming influence. Dogs have a sense of exactly what a person needs, exactly when they need it. Rusty frequently offers himself for a gentle pat, placing his head on a knee or providing a silly grin. He gives the emotional support necessary for a person to be able to move forward and tackle the difficult task of life as it is now.

One client at Easy Street has progressed from needing help with almost all activities, minimal verbal interaction and severe emotional instability to being almost independent with all activities of daily living very articulate and initiates conversation with others, has significantly improved control of emotions and is extremely motivated to continue with recovery. Another client who was afraid to attend was immediately put at ease when Rusty entered the room. One client with

anger management issues was instantly calmed and able to participate in therapy when Rusty was by his side. These are just a few examples of the impacts realized over the past six months. Following is a quote provided by one of the Easy Street clients when asked about her interactions with Rusty:

“When humans show us affection it is quite a complicated thing that involves expectations and judgments, but with a dog it is a very uncomplicated and non-challenging interaction with no consequences and if you have been through a hard time, it’s lovely to have that. The idea of sending a dog to a grieving person might seem too simplistic but the very simplicity is the part that makes the commitment between human and canine so powerful. Rusty is a gentle spirit canine.”

Rusty has also had a wonderfully positive influence on other patients, visitors and staff, constantly eliciting smiles and an overall good feeling they carry with them the remainder of the day. Rusty is always willing to stop and accept a pat, a scratch or a hug. He also happily accepts the dog treats that some of the staff now carry with them on Tuesdays.

Rusty has helped so many with his gentle manner and unconditional love. If you find yourself in need of a lift, feel free to stop by to say hello and shake a paw – it will do you good.



DID YOU KNOW?

ICE CREAM TREAT WEDNESDAYS

The next - and last! - Ice Cream Treat Wednesday is August 20!

Visit the Wolseley entrance (by the gift shop) between 11 a.m. and 1:30 p.m. to purchase your ice cream novelty for just \$2. Remember, every \$5 donation receives an entry ballot to win the Cuisinart ice cream maker!



48TH ANNUAL MISERICORDIA EMPLOYEES' GOLF TOURNAMENT

Save-the-date! Join your Misericordia family on Thursday, September 18, for the 48th Annual Misericordia Employees' Golf Tournament at John Blumberg Golf Course.



Pick up your application from one of MHC's communication bulletin boards - or visit M-NET! - and submit to the Security office by Monday, September 6.

HEALTH AND WELLNESS SYMPOSIUM

MHC Foundation is partnering with a group of occupational therapists to host the first annual Health and Wellness Symposium.



The event will be held on October 16 at Brody Centre, U of M, Bannatyne Campus. Please call Vernelle at ext. 8469 for details.

DYK CONT'D...

RESIDENT ARTWORK

MHC'S resident art will be featured in the Ace Art gallery!

The exhibit will run through the entire month of November 2014. Watch Life@MIZ and M-NET for more details!



2014 ANGEL SQUAD

Dates for Angel Squad have been confirmed: mark your calendars for December 3, 4, and 5!



CUPCAKE DAY!

The second annual Cupcake Day will be held on Thursday, December 11, 2014.



MBAY - SUCCESS!

Thank you staff, family and friends for using mbay! Since launch (date), we've received over 60 postings varying from toy giveaways to houses for sale! Visit M-NET and search for your new treasure!



MUSIC AND MEMORY

A generous donation - from a person who wishes to remain anonymous - of two iPods and 15 music CD's were provided to the *Music and Memory* program at MHC!

Have unused iPods you would like to donate to the *Music and Memory* program? Please contact Ellen Locke at ext. 8509.



FAREWELL...

To Susan Shortill, Manager, Volunteer Services, who leaves us for Victoria, B.C.

Susan was a vital part of our Misericordia Family since 2003, developing ideas and opportunities for over 500 volunteers at MHC!

She was a part of many committees and was happy to "do her part" with many events along the way.

From all of us at Misericordia, we wish you happiness and well-wishes on your new journey in Victoria.



Susan Shortill (right) with daughter, Lita

CONGRATULATIONS...

Cassandra Fowler and Tania Maryalaya for passing their Registered Nursing licensing exam!

Cassandra works for the Long-Term Care float pool, while Tania works on MP3. Great job, ladies!



Cassandra Folwer



Tania Maryalaya

Brian Klos!

We are pleased Brian Klos has accepted the permanent role of Director, Provincial Health Contact Centre.

Brian successfully fulfilled the acting director role for the past year. Prior to his acting role, he was the Senior Business Analyst for PHCC since September 2003.

Prior to his employment at PHCC, Brian worked in the private sector at Manitoba Public Insurance. He holds his Masters in Public Administration with a Bachelor of Arts in Administrative Studies.

Congratulations, Brian!



Brian Klos

RETIREMENT...

Dr. Joseph Chan, Dr. Judith Doyle and Dr. Martin Davis are retiring after a combination of over 100 years of service!

Dr. Chan began in December 1976 and has been Head of Anaesthesia from December 1978 until this past year.

A retirement dinner on their behalf will be held on Thursday, September 4 - 6:30 p.m. at the St. Charles Country Club, 100 Country Club Blvd.

Tickets are \$40 each and are available from Julie Garofalo 204.788.8374. Deadline for tickets is August 25.



L-R: Dr. Martin Davis, Dr. Joseph Chan, Dr. Judith Doyle

INTERFAITH CALENDAR

- August 10** Raksha Bandhan - Hindu - Hindu festival honouring the loving ties between brothers and sisters in a family.
- August 15** Assumption of the Blessed Virgin Mary - Catholic Christian - Roman Catholic Christian observance commemorating the belief that the Blessed Virgin Mary was assumed body and soul into heaven at the end of her earthly life.
- August 15** Dormition of the Theotokos - Orthodox Christian - commemoration of the death and burial of the Virgin Mary.
- August 29** Ganesha Chaturthi - Hindu - A Hindu festival honouring the god prosperity, prudence, and success. Images of Ganesha are worshipped.
- August 30** Paryushana Parva - Jains - Jain 8-day festival signifying human emergence into a new world of spiritual and moral refinement. Marked by recitations from Jain sacred writing and family exchange of cards and letters. Celebration of the natural qualities of the soul. The 8th day (Samvatsari) is most important and is focused on forgiveness.

RETIREMENTS / NEW HIRES

RETIREMENTS:

Susan Shortill
Manager,
Volunteer Services

Julie James
Resident Care Manager,
Cornish 6

Trudy Wilgosh
Manager,
Health Information
Services



NEW HIRES:

James Forhan
Communication Clerk,
Telecommunications

Kayla Gilhen
RN II, OR

Deepa Shah
Ophthalmic Assistant,
Ophthalmology Clinic

Jonathan McLaren
HCA, Cornish 2

Daniel Schultz
Power Engineer 2nd
Class, Plant Services

Elaine Fernandez
Grad RN, MP2

Sharon Jillie
RN II, PACU/DS/POAC

Frann Martins Da Ponte
RN II,
Health Links – Info Santé



HEALTH LINKS – INFO SANTÉ CELEBRATES 20 YEARS!

On Tuesday, July 29, Health Links – Info Santé celebrated their 20th anniversary with staff and old alumni.



We were honored to have Healthy Living and Seniors Minister Sharon Blady, along with the Winnipeg Health Region's CNO and Vice-President Lori Lamont, celebrating 20 years of success with us!

Congratulations Health Links – Info Santé!



L-R: Lori Lamont, Rosie Jacuzzi,
Sharon Blady, Brian Klos

INTRODUCING...

Fr. Vincent de Paul Tchaoule!

We welcomed Fr. Vincent to MHC on August 1, as Sacramental Minister.

Fr. Vincent de Paul Tchaoule will be oriented by Fr. Vince Herner in preparations for Fr. Vince's vacation and Medical Leave of Absence.



Welcome to the Misericordia Family, Fr. Vincent!